

My First \$500

THE CHALLENGE

Open (or nickname) the account. Run \$500 through the Savings Goal Calculator and pick your date. Set the automatic transfer — even if it's \$10.

My fund's name _____

Name it after the enemy, the goal, or the feeling — Keisha has The Noise Fund; Maya has The Exhale.

Where it lives (separate account)

☐ Opened ☐ Nicknamed

My weekly number (from the Savings Goal Calculator) _____

Reaching \$500 by _____

☐ My automatic transfer is set for payday

My emergency definition card

This fund IS for _____

This fund is NOT for _____

My Noise — the emergency I'm most afraid of (name it; named fears shrink) _____

My last unprotected emergency — what it truly cost (fees and dominoes included) _____

Six months from now, when something breaks, I want to feel _____

My peace looks like (not money — peace) _____

Today's Win

☐ I opened (or nicknamed) the account.

☐ I got my weekly number.

☐ I automated the transfer.

☐ I wrote the definition card.

☐ I finished Chapter Five.

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VICTORIA'S TRUTH

Calm is something you can save for.