

The View From Solid Ground

THE CHALLENGE

Write three sentences to the you who was afraid to open the banking app. Put this page back on the refrigerator. Crooked is fine.

■ My Point A Point B

Where I started

Where I stand

My Financial Stress Scale TODAY (compare it to Chapter 1)



Not a 9 that became a 1 – this book never promised magic. A weight that became a load, carried on purpose.

■ My letter to the person who filled out the First Look page

■ The one lesson I'll pass to one person

■ My anti-drift kit (check what I'll keep running)

- ☐ Keep the weekly money date.
- ☐ Grow the cushion on autopilot.
- ☐ Take the free money (retirement match).
- ☐ Hold the line on lifestyle (50/50 on raises).
- ☐ Do the Annual Money Review.

■ Today's Win

- ☐ I re-rated my stress scale.

The View From Solid Ground

- ☐ I filled in my Point A Point B.
- ☐ I wrote my letter.
- ☐ I passed one lesson to one person.
- ☐ I finished the book.

VICTORIA'S TRUTH

Peace isn't a windfall. It's a system.